

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

Menu Name: 6-12 Lunch

Include Cost: Yes

Site:

Use Alternate Menu Name: No

Monday - 03/31/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000508 Chicken Quesadilla | Serving | 850 | 280 | 38.00 | \$0.000 |
| 001159 Taco Burger | Servings | 400 | 486 | 33.27 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1100 | 89 | 22.83 | \$0.000 |
| 000704 Carrots, Frozen | 1/2 cup | 950 | 27 | 6.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 543 | 76.97 | \$0.000 |
| % of Calories | | | | 56.7% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Tuesday - 04/01/2025

Reimbursable Meal Total 1300

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|----------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000922 Chicken Bacon Ranch Pizza | SLICES | 1050 | 373 | 37.15 | \$0.000 |
| 001116 Club Sandwich | Sandwich | 150 | 312 | 34.01 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1000 | 89 | 22.83 | \$0.000 |
| 000701 Broccoli, Frozen | 1/2 Cup | 975 | 26 | 5.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 540 | 73.42 | \$0.000 |
| % of Calories | | | | 54.4% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Wednesday - 04/02/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000614 Hot Dog on Bun | Sandwich | 400 | 339 | 30.99 | \$0.000 |
| 000865 Hamburger Pizza, Round | Slice | 850 | 303 | 32.51 | \$0.079 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 000927 Fruit & Veggie Bar | 1.25 cup | 1075 | 89 | 22.83 | \$0.000 |
| 000702 Green Beans, Frozen | 1/2 Cup | 800 | 19 | 4.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 502 | 70.31 | \$0.052 |
| % of Calories | | | | 56.0% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Thursday - 04/03/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|------------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 990055 Chicken Fried Fingers | Serving | 1150 | 300 | 19.00 | \$0.977 |
| 001017 Sub Sandwich | Sandwich | 100 | 430 | 47.00 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1100 | 89 | 22.83 | \$0.000 |
| 000017 Mashed Potato/Country Gravy | 1/2 CUP/1/4 CUP | 1025 | 132 | 26.08 | \$0.000 |
| 001150 Dinner Roll | Roll | 1000 | 110 | 20.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 678 | 93.87 | \$0.864 |
| % of Calories | | | | 55.4% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Friday - 04/04/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 001091 Grilled Cheese, GF | 1 SERV. | 750 | 403 | 48.00 | \$1.368 |
| 990057 Pork Sandwich | Servings | 500 | 398 | 30.00 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1100 | 89 | 22.83 | \$0.000 |
| 001011 Baked Beans | 1/2 CUP | 1000 | 151 | 24.90 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 692 | 95.88 | \$0.789 |
| % of Calories | | | | 55.4% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

Monday - 04/07/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000544 Mini Corn Dogs | serving | 750 | 240 | 24.00 | \$0.000 |
| 001037 Lasagna | 4 oz | 500 | 634 | 52.19 | \$0.000 |
| 000479 Chef Salad | Serving | 30 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 20 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1050 | 89 | 22.83 | \$0.000 |
| 000702 Green Beans, Frozen | 1/2 Cup | 750 | 19 | 4.00 | \$0.000 |
| 000324 Bread & Butter | 1 SLICE | 350 | 117 | 15.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 613 | 76.84 | \$0.000 |
| % of Calories | | | | 50.1% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Tuesday - 04/08/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-------------------------|--------------|-----------|--------------------------|----------|---------|
| 000670 Taco, Soft Shell | 2 oz | 850 | 402 | 24.35 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000589 BBQ Chicken Pizza | SLICES | 400 | 339 | 41.45 | \$0.028 |
| 000479 Chef Salad | Serving | 10 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 40 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1050 | 89 | 22.83 | \$0.000 |
| 000587 Refried Beans | 1/2 Cup | 875 | 140 | 25.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 647 | 82.14 | \$0.009 |
| % of Calories | | | | 50.8% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Wednesday - 04/09/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000848 Pizza, Stuffed Crust Pepperoni | Slice | 1100 | 336 | 29.00 | \$0.000 |
| 000741 Meatball Sub MS | Sandwiches | 200 | 455 | 54.68 | \$0.000 |
| 000479 Chef Salad | Serving | 25 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 75 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1200 | 89 | 22.83 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 000701 Broccoli, Frozen | 1/2 Cup | 975 | 26 | 5.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 250 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 950 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 583 | 77.42 | \$0.000 |
| % of Calories | | | | 53.1% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Thursday - 04/10/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000571 Chicken Gravy & Potato | 1/2 cup/1/2 cup | 1000 | 289 | 29.23 | \$0.000 |
| 001028 Ham Sandwich | Sandwich | 250 | 262 | 32.00 | \$0.000 |
| 000479 Chef Salad | Serving | 35 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 15 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 900 | 89 | 22.83 | \$0.000 |
| 000657 Peas, Frozen, Green | 1/2 cup | 775 | 62 | 11.41 | \$0.000 |
| 000746 Dinner Roll - HS | 2 Rolls | 1000 | 220 | 40.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 657 | 100.13 | \$0.000 |
| % of Calories | | | | 61.0% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Friday - 04/11/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000805 Pizza Stick (Cheese) | servings | 1000 | 455 | 43.75 | \$0.000 |
| 000876 Southwest Chicken Bake | 3/4 Cup | 200 | 340 | 27.54 | \$0.000 |
| 000479 Chef Salad | Serving | 25 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 75 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1150 | 89 | 22.83 | \$0.000 |
| 000704 Carrots, Frozen | 1/2 cup | 1000 | 27 | 6.00 | \$0.000 |
| 000324 Bread & Butter | 1 SLICE | 175 | 117 | 15.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 300 | 110 | 12.00 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990042 Milk, Chocolate Fat Free | 8 oz | 900 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 645 | 84.10 | \$0.000 |
| % of Calories | | | | 52.2% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Monday - 04/14/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 001014 BBQ on Bun | Sandwich | 800 | 359 | 35.87 | \$0.037 |
| 005023 Chicken Fajitas | Fajita | 350 | 316 | 25.03 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1050 | 89 | 22.83 | \$0.000 |
| 000667 Baked Beans | 1/2 cup | 1175 | 140 | 30.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 619 | 92.54 | \$0.023 |
| % of Calories | | | | 59.8% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

Tuesday - 04/15/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000765 Pork Nachos | Serving | 500 | 389 | 30.49 | \$0.000 |
| 000552 Goulash | 1 cup | 750 | 403 | 43.60 | \$0.000 |
| 000479 Chef Salad | Serving | 10 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 15 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1000 | 89 | 22.83 | \$0.000 |
| 000704 Carrots, Frozen | 1/2 cup | 975 | 27 | 6.00 | \$0.000 |
| 000324 Bread & Butter | 1 SLICE | 650 | 117 | 15.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 637 | 83.76 | \$0.000 |
| % of Calories | | | | 52.6% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Wednesday - 04/16/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------|--------------|-----------|--------------------------|----------|---------|
| 000687 Chicken Tater Bowl | servings | 1100 | 385 | 37.20 | \$0.578 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000758 Mr. Rib - Hot Dog Bun | Sandwiches | 150 | 347 | 44.54 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1125 | 89 | 22.83 | \$0.000 |
| 000271 CORN: frozen, yellow | 1/2 CUP | 900 | 66 | 15.83 | \$0.000 |
| 001150 Dinner Roll | Roll | 1050 | 110 | 20.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 692 | 101.66 | \$0.489 |
| % of Calories | | | | 58.8% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Thursday - 04/17/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-----------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000614 Hot Dog on Bun | Sandwich | 1250 | 339 | 30.99 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1125 | 89 | 22.83 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 000701 Broccoli, Frozen | 1/2 Cup | 1000 | 26 | 5.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 538 | 71.58 | \$0.000 |
| % of Calories | | | | 53.2% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Friday - 04/18/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------|--------------|-----------|--------------------------|----------|---------|
| 001112 NO SCHOOL | | | | | |
| Weighted Daily Average | | | 0 | 0.00 | \$0.000 |
| % of Calories | | | | 0% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Monday - 04/21/2025

Reimbursable Meal Total 1300

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------|--------------|-----------|--------------------------|----------|---------|
| 001112 NO SCHOOL | | | | | |
| Weighted Daily Average | | | 0 | 0.00 | \$0.000 |
| % of Calories | | | | 0% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Tuesday - 04/22/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000570 Walking Taco | Servings | 1150 | 431 | 32.72 | \$0.000 |
| 000737 Hot Ham & Cheese | Sandwiches | 100 | 297 | 32.50 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1125 | 89 | 22.83 | \$0.000 |
| 000587 Refried Beans | 1/2 Cup | 900 | 140 | 25.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 692 | 86.69 | \$0.000 |
| % of Calories | | | | 50.1% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

Wednesday - 04/23/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000555 Corn Dog:turkey | each | 750 | 250 | 30.00 | \$0.000 |
| 000608 Pizza Hot Dish | 1 cup | 500 | 312 | 20.20 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1075 | 89 | 22.83 | \$0.000 |
| 000701 Broccoli, Frozen | 1/2 Cup | 825 | 26 | 5.00 | \$0.000 |
| 000747 Bread & Butter - HS | 2 Slices | 475 | 270 | 30.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 568 | 76.27 | \$0.000 |
| % of Calories | | | | 53.7% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Thursday - 04/24/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|----------------------------------|--------------|-----------|--------------------------|----------|---------|
| 000688 Chicken & Noodles ISD 518 | 1 Cup | 900 | 178 | 17.03 | \$0.000 |

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ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000448 Meatloaf | 3 OZ. | 350 | 170 | 10.00 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1075 | 89 | 22.83 | \$0.000 |
| 000578 Mashed Potatoes | 1/2 cup | 1100 | 84 | 17.11 | \$0.000 |
| 000746 Dinner Roll - HS | 2 Rolls | 1100 | 220 | 40.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 614 | 99.87 | \$0.000 |
| % of Calories | | | | 65.1% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Friday - 04/25/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-----------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000654 Cheese Quesadilla | slice | 850 | 330 | 40.00 | \$0.000 |
| 001036 Tater Tot Hot Dish | 4 oz | 400 | 244 | 15.12 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |

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ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 000927 Fruit & Veggie Bar | 1.25 cup | 1125 | 89 | 22.83 | \$0.000 |
| 000704 Carrots, Frozen | 1/2 cup | 800 | 27 | 6.00 | \$0.000 |
| 000747 Bread & Butter - HS | 2 Slices | 400 | 270 | 30.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 582 | 81.67 | \$0.000 |
| % of Calories | | | | 56.1% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Monday - 04/28/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|--------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000517 Chicken Nuggets - Tyson | 5 pieces | 1050 | 220 | 12.00 | \$0.000 |
| 001035 Pizza Burger | Serving | 200 | 334 | 33.71 | \$0.076 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1025 | 89 | 22.83 | \$0.000 |
| 001011 Baked Beans | 1/2 CUP | 900 | 151 | 24.90 | \$0.000 |
| 000324 Bread & Butter | 1 SLICE | 1000 | 117 | 15.00 | \$0.000 |

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ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 608 | 79.84 | \$0.012 |
| % of Calories | | | | 52.5% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Tuesday - 04/29/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 001033 Chili | 3/4 Cup | 1150 | 185 | 15.37 | \$0.000 |
| 000466 Ham Stacker | Sandwiches | 200 | 285 | 33.66 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1025 | 89 | 22.83 | \$0.000 |
| 000704 Carrots, Frozen | 1/2 cup | 950 | 27 | 6.00 | \$0.000 |
| 000348 Cinnamon Roll | 2.5 oz. | 1000 | 214 | 38.65 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 576 | 89.08 | \$0.000 |
| % of Calories | | | | 61.9% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Wednesday - 04/30/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|-------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000562 Popcorn Chicken | 12 piece | 1100 | 252 | 15.32 | \$0.578 |
| 000696 Club Wrap | Wrap | 150 | 284 | 25.13 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1075 | 89 | 22.83 | \$0.000 |
| 000701 Broccoli, Frozen | 1/2 Cup | 1000 | 26 | 5.00 | \$0.000 |
| 000195 Rice, Cooked Brown | 1/2 CUP | 1000 | 74 | 13.96 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 511 | 67.51 | \$0.489 |
| % of Calories | | | | 52.8% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Thursday - 05/01/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 001019 Spag/Meat Sauce | 4 oz | 1100 | 276 | 40.89 | \$0.138 |
| 000079 Grilled Chicken Sandwich | Sandwich | 150 | 270 | 30.00 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1075 | 89 | 22.83 | \$0.000 |
| 000702 Green Beans, Frozen | 1/2 Cup | 950 | 19 | 4.00 | \$0.000 |
| 000045 Bread Stick | Bread Stick | 1000 | 110 | 17.00 | \$0.200 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 552 | 91.12 | \$0.270 |
| % of Calories | | | | 66.0% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

Friday - 05/02/2025

Reimbursable Meal Total 1300

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|------------------------------------|-----------------|-----------|--------------------------|----------|---------|
| 000655 Crispy Chicken Leg | Piece | 1100 | 190 | 5.00 | \$0.687 |
| 000918 Turkey Sub - MS & HS | Sandwich | 150 | 343 | 46.22 | \$0.000 |
| 000479 Chef Salad | Serving | 15 | 420 | 41.64 | \$0.000 |
| 001188 Yogurt/String Cheese | 6 oz/1oz/1slice | 35 | 300 | 46.00 | \$0.000 |
| 000927 Fruit & Veggie Bar | 1.25 cup | 1075 | 89 | 22.83 | \$0.000 |
| 000017 Mashed Potato/Country Gravy | 1/2 CUP/1/4 CUP | 1050 | 132 | 26.08 | \$0.000 |
| 000271 CORN: frozen, yellow | 1/2 CUP | 100 | 66 | 15.83 | \$0.000 |
| 001150 Dinner Roll | Roll | 1025 | 110 | 20.00 | \$0.000 |
| 990041 Milk, White 1% Low Fat | 8 oz | 200 | 110 | 12.00 | \$0.000 |

Base Menu Spreadsheet

Portion Values

Mar 31, 2025 thru May 2, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Carb (g) | Cost |
|---------------------------------|--------------|-----------|--------------------------|----------|---------|
| 990042 Milk, Chocolate Fat Free | 8 oz | 1000 | 110 | 19.00 | \$0.000 |
| Weighted Daily Average | | | 587 | 84.68 | \$0.581 |
| % of Calories | | | | 57.7% | |
| Weekly Nutrient Guideline | | | 750 - 850 | | |

| | Cals ¹ (kcal) | Carb (g) | Cost |
|-------------------|--------------------------|----------|---------|
| Weighted Averages | 603 | 84.23 | \$0.156 |
| % of Calories | | 55.9% | |

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
- * - denotes combined nutrient totals with either missing or incomplete nutrient data*
- ¹ - denotes required nutrient values*
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.