

Base Menu Spreadsheet

ISD 518

Portion Values

Mar 31, 2025 thru May 2, 2025

Menu Name: Pre-K Lunch **Include Cost:** Yes
Site:
Use Alternate Menu Name: No

Monday - 03/31/2025 **Reimbursable Meal Total 90**

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000508 Chicken Quesadilla	Serving	90	280	38.00	\$0.000
000705 Applesauce	1/2 cup	85	51	14.00	\$0.000
001002 Veggie Sticks	1/4 Cup	85	0	0.08	\$0.000
000704 Carrots, Frozen	1/2 cup	85	27	6.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	80	110	12.00	\$0.000
Weighted Daily Average			452	67.64	\$0.000
% of Calories				59.9%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 04/01/2025 **Reimbursable Meal Total 90**

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000922 Chicken Bacon Ranch Pizza	SLICES	90	373	37.15	\$0.000
000598 Pears Diced	1/2 cup	85	60	16.00	\$0.000
001002 Veggie Sticks	1/4 Cup	85	0	0.08	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000701 Broccoli, Frozen	1/2 Cup	85	26	5.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	80	110	12.00	\$0.000
Weighted Daily Average			552	67.73	\$0.000
% of Calories				49.1%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 04/02/2025

Reimbursable Meal Total 90

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000614 Hot Dog on Bun	Sandwich	90	339	30.99	\$0.000
000707 Peaches, Diced	1/2 Cup	85	60	14.00	\$0.000
001002 Veggie Sticks	1/4 Cup	85	0	0.08	\$0.000
000702 Green Beans, Frozen	1/2 Cup	85	19	4.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	80	110	12.00	\$0.000
Weighted Daily Average			512	58.74	\$0.000
% of Calories				45.9%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 04/03/2025

Reimbursable Meal Total 90

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Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990055 Chicken Fried Fingers	Serving	90	300	19.00	\$0.977
000706 Mixed Fruit	1/2 Cup	85	60	15.00	\$0.000
001002 Veggie Sticks	1/4 Cup	85	0	0.08	\$0.000
000017 Mashed Potato/Country Gravy	1/2 CUP/1/4 CUP	85	132	26.08	\$0.000
001150 Dinner Roll	Roll	85	110	20.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	80	110	12.00	\$0.000
Weighted Daily Average			684	87.44	\$0.977
% of Calories				51.1%	
Weekly Nutrient Guideline			550 - 650		

Friday - 04/04/2025

Reimbursable Meal Total 90

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001091 Grilled Cheese, GF	1 SERV.	90	403	48.00	\$1.368
000623 Mandarin Oranges	1/2 cup	85	80	20.01	\$0.000
001002 Veggie Sticks	1/4 Cup	85	0	0.08	\$0.000
001011 Baked Beans	1/2 CUP	85	151	24.90	\$0.000

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Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	80	110	12.00	\$0.000
Weighted Daily Average			719	101.16	\$1.368
% of Calories				56.3%	
Weekly Nutrient Guideline			550 - 650		

Monday - 04/07/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000544 Mini Corn Dogs	serving	1	240	24.00	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000702 Green Beans, Frozen	1/2 Cup	1	19	4.00	\$0.000
000598 Pears Diced	1/2 cup	1	60	16.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			429	56.08	\$0.000
% of Calories				52.3%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 04/08/2025

Reimbursable Meal Total 1

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Portion Values

Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000670 Taco, Soft Shell	2 oz	1	402	24.35	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000587 Refried Beans	1/2 Cup	1	140	25.00	\$0.000
000706 Mixed Fruit	1/2 Cup	1	60	15.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			712	76.43	\$0.000
% of Calories				42.9%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 04/09/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000848 Pizza, Stuffed Crust Pepperoni	Slice	1	336	29.00	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000701 Broccoli, Frozen	1/2 Cup	1	26	5.00	\$0.000
000703 Pineapple	1/2 cup	1	70	17.00	\$0.000

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Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			542	63.08	\$0.000
% of Calories				46.6%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 04/10/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000571 Chicken Gravy & Potato	1/2 cup/1/2 cup	1	289	29.23	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000657 Peas, Frozen, Green	1/2 cup	1	62	11.41	\$0.000
000707 Peaches, Diced	1/2 Cup	1	60	14.00	\$0.000
001150 Dinner Roll	Roll	1	110	20.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			631	86.73	\$0.000
% of Calories				55.0%	
Weekly Nutrient Guideline			550 - 650		

Friday - 04/11/2025

Reimbursable Meal Total 1

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Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000805 Pizza Stick (Cheese)	servings	1	455	43.75	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000704 Carrots, Frozen	1/2 cup	1	27	6.00	\$0.000
000705 Applesauce	1/2 cup	1	51	14.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			643	75.84	\$0.000
% of Calories				47.2%	
Weekly Nutrient Guideline			550 - 650		

Monday - 04/14/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001014 BBQ on Bun	Sandwich	1	359	35.87	\$0.037
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000667 Baked Beans	1/2 cup	1	140	30.00	\$0.000
000598 Pears Diced	1/2 cup	1	60	16.00	\$0.000

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Portion Values

Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			669	93.95	\$0.037
% of Calories				56.2%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 04/15/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000765 Pork Nachos	Serving	1	389	30.49	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000704 Carrots, Frozen	1/2 cup	1	27	6.00	\$0.000
000623 Mandarin Oranges	1/2 cup	1	80	20.01	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			606	68.58	\$0.000
% of Calories				45.3%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 04/16/2025

Reimbursable Meal Total 1

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Portion Values

Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001112 NO SCHOOL					
Weighted Daily Average			0	0.00	\$0.000
% of Calories				0%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 04/17/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001112 NO SCHOOL					
Weighted Daily Average			0	0.00	\$0.000
% of Calories				0%	
Weekly Nutrient Guideline			550 - 650		

Friday - 04/18/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001112 NO SCHOOL					
Weighted Daily Average			0	0.00	\$0.000
% of Calories				0%	
Weekly Nutrient Guideline			550 - 650		

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Portion Values

Mar 31, 2025 thru May 2, 2025

Monday - 04/21/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001112 NO SCHOOL					
Weighted Daily Average			0	0.00	\$0.000
% of Calories				0%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 04/22/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000570 Walking Taco	Servings	1	431	32.72	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000587 Refried Beans	1/2 Cup	1	140	25.00	\$0.000
000598 Pears Diced	1/2 cup	1	60	16.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			741	85.80	\$0.000
% of Calories				46.3%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 04/23/2025

Reimbursable Meal Total 1

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Portion Values

Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000555 Corn Dog:turkey	each	1	250	30.00	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000701 Broccoli, Frozen	1/2 Cup	1	26	5.00	\$0.000
000706 Mixed Fruit	1/2 Cup	1	60	15.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			446	62.08	\$0.000
% of Calories				55.7%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 04/24/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000688 Chicken & Noodles ISD 518	1 Cup	1	178	17.03	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000578 Mashed Potatoes	1/2 cup	1	84	17.11	\$0.000
000623 Mandarin Oranges	1/2 cup	1	80	20.01	\$0.000
001150 Dinner Roll	Roll	1	110	20.00	\$0.000

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Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			562	86.24	\$0.000
% of Calories				61.4%	
Weekly Nutrient Guideline			550 - 650		

Friday - 04/25/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000654 Cheese Quesadilla	slice	1	330	40.00	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000704 Carrots, Frozen	1/2 cup	1	27	6.00	\$0.000
000707 Peaches, Diced	1/2 Cup	1	60	14.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			527	72.08	\$0.000
% of Calories				54.7%	
Weekly Nutrient Guideline			550 - 650		

Monday - 04/28/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

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Portion Values

Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000517 Chicken Nuggets - Tyson	5 pieces	1	220	12.00	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
001011 Baked Beans	1/2 CUP	1	151	24.90	\$0.000
000707 Peaches, Diced	1/2 Cup	1	60	14.00	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			541	62.99	\$0.000
% of Calories				46.6%	
Weekly Nutrient Guideline			550 - 650		

Tuesday - 04/29/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001033 Chili	3/4 Cup	1	185	15.37	\$0.000
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000704 Carrots, Frozen	1/2 cup	1	27	6.00	\$0.000
000705 Applesauce	1/2 cup	1	51	14.00	\$0.000
000465 Cinnamon Roll Lunch	1.25 oz	1	238	38.40	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			611	85.86	\$0.000
% of Calories				56.2%	
Weekly Nutrient Guideline			550 - 650		

Wednesday - 04/30/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000562 Popcorn Chicken	12 piece	1	252	15.32	\$0.578
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000701 Broccoli, Frozen	1/2 Cup	1	26	5.00	\$0.000
000703 Pineapple	1/2 cup	1	70	17.00	\$0.000
000195 Rice, Cooked Brown	1/2 CUP	1	74	13.96	\$0.000
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			533	63.36	\$0.578
% of Calories				47.5%	
Weekly Nutrient Guideline			550 - 650		

Thursday - 05/01/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

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Portion Values

Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
001019 Spag/Meat Sauce	4 oz	1	276	40.89	\$0.138
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000702 Green Beans, Frozen	1/2 Cup	1	19	4.00	\$0.000
000598 Pears Diced	1/2 cup	1	60	16.00	\$0.000
000045 Bread Stick	Bread Stick	1	110	17.00	\$0.200
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			576	89.97	\$0.338
% of Calories				62.5%	
Weekly Nutrient Guideline			550 - 650		

Friday - 05/02/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
000655 Crispy Chicken Leg	Piece	1	190	5.00	\$0.687
001002 Veggie Sticks	1/4 Cup	1	0	0.08	\$0.000
000017 Mashed Potato/Country Gravy	1/2 CUP/1/4 CUP	1	132	26.08	\$0.000
000271 CORN: frozen, yellow	1/2 CUP	1	66	15.83	\$0.000
000706 Mixed Fruit	1/2 Cup	1	60	15.00	\$0.000
001150 Dinner Roll	Roll	1	110	20.00	\$0.000

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Mar 31, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)	Cost
990041 Milk, White 1% Low Fat	8 oz	1	110	12.00	\$0.000
Weighted Daily Average			669	93.99	\$0.687
% of Calories				56.2%	
Weekly Nutrient Guideline			550 - 650		

	Cals ¹ (kcal)	Carb (g)	Cost
Weighted Averages	588	76.47	\$0.190
% of Calories		52.0%	

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
- * - denotes combined nutrient totals with either missing or incomplete nutrient data*
- ¹ - denotes required nutrient values*
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.